

**Finally a hernia support binder  
that's ergonomic, flexible  
and comfortable.**



**The RUBAN  
hernia support binder**

**The RUBAN hernia support binder is different from any other binder.**

The RUBAN binder is purpose-designed for large or in-operable hernias providing efficient, strong yet comfortable compression in an ergonomic fashion.

Thanks to the unique, proprietary multi-band design with an ample 15 cm velcro closure of each band, compression can be adjusted individually at the upper, mid or lower abdomen providing the best comfort for the patient, tailored to the medical requirements.

**Features:**

- Relieves discomfort or pulling sensation from hernias
- Safeguards hernia repair surgery
- Helps to prevent hernia reoccurrence
- Stimulates mobility and gastrointestinal function
- Improves body contour distorted by hernia bulges



The multi-band design conforms to body shape and sculpts a hernia bulge. The material is light, ventilated and latex free.

RUBAN is available in sizes from Small to 5XL and in 3 heights:

3-band 22cm

4-band 27cm

5-band 33cm



NOTE: When a hernia is present, lie down and wait 5 minutes for the hernia to relax before measuring. If the measurement is between sizes, choose the larger size.



1. Measure the fullest part of the abdomen, hips or waist.
2. Measure the distance from breast bone to pubic bone.

3 Bands  
Height:  
22 cm

4 Bands  
Height:  
27 cm

5 Bands  
Height:  
33 cm

Measurement 1	Size	Order codes		
65 - 85 cm	Small	R3-S	R4-S	R5-S
85 - 105 cm	Medium	R3-M	R4-M	R5-M
105 - 125 cm	Large	R3-L	R4-L	R5-L
125 - 145 cm	Extra Large	R3-XL	R4-XL	R5-XL
145 - 165 cm	XX Large	R3-XXL	R4-XXL	R5-XXL
165 - 185 cm	XXX Large	R3-3XL	R4-3XL	R5-3XL
185 - 205 cm	4X Large	R3-4XL	R4-4XL	R5-4XL
205 - 225 cm	5X Large	R3-5XL	R4-5XL	R5-5XL

Custom sizes available upon request

Does not contain natural rubber latex (no NRL).  
Supplied single packed with Instructions for Use.



**QUALITEAM**

Località Nassio Sopra 15A  
10010 Chiaverano (TO),  
ITALY



Tel: +39 0125 54691  
info@qualiteam.com  
www.qualiteam.com

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